

A warm welcome to

The Parish of Christ Church, Lancaster

Sunday 13th October - Twentieth Sunday after Trinity



a vibrant, inclusive
worshipping
community

Vicar: Revd Carol Backhouse 01524 942105
1 East Road, Lancaster, LA1 3EE

www.christchurchlancaster.org.uk Facebook: @ChristChurchLancaster

Everyone is welcome to join us in worship this week:

Today - Sunday 13th October

8.30am Holy Communion

10.30am Parish Eucharist

With Andrew Hulley from Prison Fellowship

6pm Evening Prayer

With thanks to Alex, Peter and Pat for covering
our services today.

Tuesday

5pm Evening Prayer

Via Zoom (see notice)

Wednesday

5.30pm Meditation and

6pm Evening Prayer

Friday

9.30am Holy Communion

Sunday 20th October

8.30am Holy Communion

10.30am Parish Eucharist

4pm Godly Play

6pm Evening Prayer

Prayer for this week

God, our light and our
salvation:

illuminate our lives,
that we may see your
goodness in the land of the
living, and looking on your
beauty may be changed into
the likeness of Jesus Christ
our Lord.

Amen

Children's Church

welcomes primary-aged children
during the 10.30am service during
term time. Parents/guardians are
also welcome to join in. Please
see back-page notice.

Godly Play - 20th October

Every 3rd Sunday of the month at
4pm in Church for KS1/2 children.



Please ask the Stewards for directions and assistance.

Please send items for inclusion in this newsletter to Jacqueline Stamper by Thursday lunchtime. Many thanks.

Please remember in your prayers:



Those who are sick:

Youngblood McCray, Thomas Platt, Yan Connell, David Foster, Lucas Calvert, Ron Holmes, Ann Boss, Geoffrey Heywood, Christine McCrann, Steve Wilkinson, Richard Jones, Ella.

that God's healing, wholeness and peace are with them.

Those preparing for marriage:

Georgia Walker and Matthew Atkinson

that God will bless them in their new life together.

Those who have died recently:

Diana Doren-Dean, Mike Seed, Betty Jones, Jane Cross, Andrew Sproxton

may they rest in peace and rise in glory.

In our parish, we ask God to bless and provide:

For those who live and work on Rydal Road, Windermere Road.

For GPs, nurses, health visitors, midwives and other community health professionals.

For the volunteers and staff supporting inmates at HMP Lancaster Farms

For those preparing for Confirmation.

that God's loving kindness is found and shared.

Tuesday Evening Prayer

At 5pm each Tuesday, Rev'd Carol and Rev'd Kaarina say Evening Prayer over Zoom. If you'd like to join them to give thanks for the day past, readings from the Scriptures and prayer, the details are: [https://us06web.zoom.us/j/81366929814?](https://us06web.zoom.us/j/81366929814?pwd=jTDuV7HO8IR7I0nQ9Jrm2BrMxjJqVS.I)

[pwd=jTDuV7HO8IR7I0nQ9Jrm2BrMxjJqVS.I](https://us06web.zoom.us/j/81366929814?pwd=jTDuV7HO8IR7I0nQ9Jrm2BrMxjJqVS.I). (Please note the new link.)

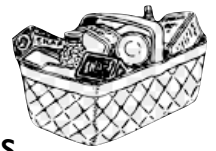
Taizé Eucharist - 3rd November

On the first Sunday of every month at 6pm, there is a beautiful service of prayer, music and stillness in the style of the Taizé Community. If you'd like to join the music group (singing or instrumental), the rehearsal starts at 4.30pm. Do see Julian if you'd be interested.

Meeting Up.

The clergy are available for pastoral support and spiritual direction, so please don't hesitate to be in contact. If you or someone you know is going through a difficult time or is seriously ill, please let us know as soon as possible, to arrange prayers, home communion, a hospital visit, or anointing of the sick. If you would like us to pray for you, or for someone you know, for any reason, please email your request to prayer@christchurchlancaster.org.uk or text the Prayer Chain on 07980 351855. Please ask the person's permission if you'd like them included in the weekly notices.

In Other News...



The Olive Branch Foodbank

The Foodbank continues to be in great need of tins of fish, meat, vegetables and fruit. Also biscuits, crisps, multipacks of cake, cereal, jam, pasta sauce; packs of hot chocolate, coffee, tea, sugar, cordial, longlife juice, and many types of toiletries (shampoo, shower gel, toilet rolls, etc.) Or you can give money for them to buy what is needed: <https://www.the-olivebranch.org.uk/donate/>

Eco-Group Thought/Action for the Week



Many vegetarian and vegan meals can be cooked in one pot, providing cheap and nutritious meals using less fuel. No recipe book, just add beans and lentils to your favourite vegetables, it's that easy.

Recycling at Christ Church - from the Eco Group

On the first Sunday of the month, we collect plastic toothbrushes and electric brush heads, covers and flosser nozzles, also flossing sticks, interdental brushes and dental tape containers. We can still take medical blister packs, but owing to the large quantities, please take your own to Superdrug if you can. **No bottle tops please.**

Confirmations

Would you like to take a next step in faith? Would you like to start receiving communion? On the 24th November, Bishop Jill will be with us for a Confirmation Service at 10.30am. If you'd like to be Confirmed (and/or Baptised) as part of this special occasion, or are curious, please have a chat with Rev'd Kaarina (or email Rev'd Carol to arrange a convenient time to talk to her). Confirmation Group starts on Saturday 12th October, 5pm - 6pm, in church, for 6 weeks. Suitable for adults of any age, and for children in Year 6 and above.



Ripley Supplementary Forms

If your child is applying for Ripley St Thomas School this year, please call in to Office Hour (between 9.15 and 10am each Sunday morning before the 31st October). As Rev'd Carol remains on crutches, if it is impossible for you to come to Office Hour, please contact her by email in the first instance, to make alternative arrangements.

Giggle (or Groan) of the week - suggestions welcome!

Q. Why can't male ants sink? A. They're buoy-ant.

Deanery Synod 15th October

All are welcome at an open meeting of the Lancaster & Morecambe Deanery Synod to be held on Tuesday 15th October at 7pm at St Christopher's Bare, where we will discuss our Deanery's strengths and opportunities, how we can work better together in future, and think ahead to what might replace Vision 2026. Please contact Jacqueline about a lift.

Scripture Readings for our Worship today:



Amos 5.6-7, 10-15

Seek the Lord and live,

or he will break out against the house of Joseph like fire,
and it will devour Bethel, with no one to quench it.

Ah, you that turn justice to wormwood,
and bring righteousness to the ground!

They hate the one who reproves in the gate,
and they abhor the one who speaks the truth.

Therefore, because you trample on the poor
and take from them levies of grain,
you have built houses of hewn stone,
but you shall not live in them;

you have planted pleasant vineyards,
but you shall not drink their wine.

For I know how many are your transgressions,
and how great are your sins—
you who afflict the righteous, who take a bribe,
and push aside the needy in the gate.

Therefore the prudent will keep silent in such a time;
for it is an evil time.

Seek good and not evil,
that you may live;

and so the Lord, the God of hosts, will be with you,
just as you have said.

Hate evil and love good,
and establish justice in the gate;

it may be that the Lord, the God of hosts,
will be gracious to the remnant of Joseph.

*This is the word of the Lord. **Thanks be to God.***

Psalms 90.12-17

Refrain: **○ Lord my God, in you I
take refuge.**

12 So teach us to number our days
that we may apply our hearts to
wisdom.

13 Turn again, ○ Lord; how long will
you delay? Have compassion on your
servants.

14 Satisfy us with your loving-kindness
in the morning, that we may rejoice and
be glad all our days.

15 Give us gladness for the days you
have afflicted us, and for the years in
which we have seen adversity.

16 Show your servants your works,
and let your glory be over their
children.

17 May the gracious favour of the Lord
our God be upon us; prosper our
handiwork; ○ prosper the work of our
hands.

Refrain: **○ Lord my God, in you I
take refuge.**

Hebrews 4.12-16

Indeed, the word of God is living and active, sharper than any two-edged sword, piercing until it divides soul from spirit, joints from marrow; it is able to judge the thoughts and intentions of the heart. And before him no creature is hidden, but all are naked and laid bare to the eyes of the one to whom we must render an account.

Since, then, we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our confession. For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who in every respect has been tested as we are, yet without sin. Let us therefore approach the throne of grace with boldness, so that we may receive mercy and find grace to help in time of need.

*This is the word of the Lord. **Thanks be to God.***

*Hear the Gospel of our Lord Jesus Christ according to **Mark 10.17-31***

Glory to you, O Lord.

As he was setting out on a journey, a man ran up and knelt before him, and asked him, 'Good Teacher, what must I do to inherit eternal life?' Jesus said to him, 'Why do you call me good? No one is good but God alone. You know the commandments: "You shall not murder; You shall not commit adultery; You shall not steal; You shall not bear false witness; You shall not defraud; Honour your father and mother." ' He said to him, 'Teacher, I have kept all these since my youth.' Jesus, looking at him, loved him and said, 'You lack one thing; go, sell what you own, and give the money to the poor, and you will have treasure in heaven; then come, follow me.' When he heard this, he was shocked and went away grieving, for he had many possessions.

Then Jesus looked around and said to his disciples, 'How hard it will be for those who have wealth to enter the kingdom of God!' And the disciples were perplexed at these words. But Jesus said to them again, 'Children, how hard it is to enter the kingdom of God! It is easier for a camel to go through the eye of a needle than for someone who is rich to enter the kingdom of God.' They were greatly astounded and said to one another, 'Then who can be saved?' Jesus looked at them and said, 'For mortals it is impossible, but not for God; for God all things are possible.'

Peter began to say to him, 'Look, we have left everything and followed you.' Jesus said, 'Truly I tell you, there is no one who has left house or brothers or sisters or mother or father or children or fields, for my sake and for the sake of the good news, who will not receive a hundredfold now in this age—houses, brothers and sisters, mothers and children, and fields, with persecutions—and in the age to come eternal life. But many who are first will be last, and the last will be first.'

*This is the Gospel of the Lord **Praise to you, O Christ.***

Prayer after Communion:

God our Father, whose Son, the light unfailing, has come from heaven to deliver the world from the darkness of ignorance: let these holy mysteries open the eyes of our understanding that we may know the way of life, and walk in it without stumbling; through Jesus Christ our Lord. **Amen**



Community at Christ Church:

Christ Church Choir

..... sings at the 10.30 service about once a month, plus other special occasions, and practises in church on Thursdays, 7-8:15 pm. New members always welcome; if you're not sure, come along and give it a try for a few weeks! Have a word with Clive or contact him via cliveshaw54@gmail.com



Craft Group

.... meets on the second Tuesday (and sometimes others!) of each month at 11.30am in the Hall. Everyone welcome - bring your own project, or share in one of the others on the go! No prior experience needed. The next meeting is on 9th October.

Book Group

The church book group next meets on the 1st November, and then on the first of each month at 4 pm in the church hall. Books are provided. Anyone who enjoys reading and discussion is very welcome to join us. You can just turn up on the day, speak to Joyce, or send an email to joycelynch1946@gmail.com



Christmas Tree Festival

On the 6-8th December, we'll be hosting our fourth Christmas Tree Festival - raising funds for Lancaster Homeless Action and Church, and showing off the work of lots of local groups. If you're part of a local business which might like to sponsor a tree - please collect an invitation from the back of church - we'd love to hear from you! We'll also be inviting local community groups to decorate a tree - if this might be you, please contact Julie Buckley.



All Souls

As November begins, the Church especially remembers the people who have been saints (those who signpost God's love in the world), and remembers those who have died and now know the fullness of God's love. As part of the 6pm Taizé Eucharist on the 3rd November, we remember by name those we have loved - please print their name on the list at the back of church.

Rev'd Kaarina's walk for Refuge - completed!

Rev'd Kaarina has finished her challenge to walk 60 miles in September to raise money for the charity, Refuge. Thank you for supporting her - she will now be collecting her sponsorship money to go to this worthy cause.

Refuge supports thousands of women and children who are survivors of domestic abuse. They can be contacted for free, 24/7 on 0808 2000 247 or at

www.nationaldahelpline.org.uk @RefugeCharity.

Supporting Christ Church

Supporting Christ Church - One-Off Gifts

If you would like to make a one-off donation to the church as an offering, to pay a fee, or as a gift to regular funds, you can give through our 'Give a little' page: <https://givealittle.co/campaigns/f63a0655-b270-4d05-bf35-3994747785d0> This will also give you the option to Gift Aid your donation (if you pay tax in the UK), enabling the church to get an extra 25p back from the taxman for every £1 you give.



Supporting Christ Church - Regularly

If you're able to support Christ Church via a direct debit donation, you can do this via the Parish Giving Scheme. Every penny goes to our church, and it's easy to review how much you give depending on circumstances. Online at www.parishgiving.org.uk Or by telephone 0333 002 1271 Monday to Friday between 9am and 5pm. For any of these methods our PGS code 030603240 ensures that your gift goes to our church.

PCC

... met on the 9th October. We discussed lighting in the Hall and Sanctuary, plus our environmental health rating, as well as reviewing the Harvest Home weekend and how Christ Church shares in the life of our diocese.

We ask you to pray this prayer 'this time tomorrow' after a Sunday service - wherever you are. (Why not put a reminder in your phone?)

Lord God, Together with you by our side, we can bring growth to our Church. Send your Holy Spirit to give us good planning, wise actions, joy in worship and our welcome, the right words when we speak to others. Help our Church grow in numbers, in spiritual commitment to you, and in service to our local community, through Christ our Lord. Amen.

Sponsor a Hymn

If you'd like to suggest and sponsor a hymn to be sung within the 10.30am Eucharist, please fill in one of the blue forms from the noticeboard.



Thought for the Week

Listen: there was once a king sitting on his throne. Around Him stood great and wonderfully beautiful columns ornamented with ivory, bearing the banners of the king with great honour. Then it pleased the king to raise a small feather from the ground, and he commanded it to fly. The feather flew, not because of anything in itself but because the air bore it along. Thus am I, a feather on the breath of God. *Hildegard von Bingen*

Hall for Hire - Don't forget that the Hall is available for hire, especially during the day and at weekends. £24/first hour and £12 for each subsequent hour/part-hour. Please contact Pat on hall@christchurchlancaster.org.uk 07980 351855 for more info.

Key contacts:

Vicar:	Rev'd Carol Backhouse 01524 942105 revcarolbackhouse@gmail.com
Curate:	Rev'd Kaarina Leong 07749 489623 curate@christchurchlancaster.org.uk
Priest with PTO and Choir Contact:	Rev'd Clive Shaw cliveshaw54@gmail.com
Lay Reader:	Dr Pat Allen 01524 39552 reader@christchurchlancaster.org.uk
Notices:	Ms Jacqueline Stamper 01524 64083 churchwarden@christchurchlancaster.org.uk
Parish Safeguarding Officer:	Mrs Emma Muckalt & Ms Debbie Steele safeguarding@christchurchlancaster.org 07547 717060
Parish Secretary:	Mrs Julie Buckley buckleys@live.co.uk 01524 37229
Hall Bookings:	hall@christchurchlancaster.org.uk 07980 351855
Christ Church School	Miss Emma Simpson 01524 60955

If you'd like to keep in touch with Christ Church news, events, services and prayer requests, please complete one of the contact cards in the pews and return to Rev'd Carol

Promoting a Safer Church

If you believe that someone is at risk of immediate harm please call emergency services on 999. Any safeguarding concerns in a parish should be brought to the attention of your Parish Safeguarding Officers, Debbie Steele and Emma Muckalt, who can be contacted as above. Concerns can also be raised directly with our Diocesan Team, Tel: 01254 503088 or email safeguarding@blackburn.anglican.org

Children's Church

... is an important part of our church life, and one of the ways children learn more about Christian faith. We're looking for helpers for Children's Church for the new term. If you can offer one Sunday morning each a month (or more if possible) please have a word with Rev'd Carol. An Enhanced DBS check will be arranged.

Godly Play! 4pm on the third Sunday of each month (20th October)

Godly Play shares Scripture stories with children, and helping them wonder about faith, using a Montessori approach, with crafts and a snack to share too. It's free, and especially suitable for primary age children (accompanied by an adult please). Everyone welcome!

Christ Church Primary School at 150!

On the 25th January 2025, our school will celebrate its 150th anniversary! Originally founded by Rev'd Philip Bartlett on Moor Lane, it moved to its Derwent Road site in the early 1990s. If you have photos or other memorabilia which you'd like to share for their history project, please drop this into the school office (labelled, so they can return it to you!)

There'll be a special service for the school on the 19th January, and then our 10.30am service on the 26th January will have an open invitation to past pupils and staff to celebrate this fantastic milestone!