

A warm welcome to

The Parish of Christ Church, Lancaster

Sunday 18th August - Twelfth Sunday of Trinity

Vicar: Revd Carol Backhouse 01524 942105

1 East Road, Lancaster, LA1 3EE

www.christchurchlancaster.org.uk Facebook: @ChristChurchLancaster



a vibrant, inclusive
worshipping
community

**Everyone is welcome to
join us in worship this
week:**

Today - 18th August

8.30am *Holy Communion*

10.30am *Parish Eucharist*

4pm *Godly Play*

6pm *Evening Prayer*

Wednesday

5.30pm *Meditation and*

6pm *Evening Prayer*

Friday

9.30am *Holy Communion*

Next Sunday - 25th August

Trinity 13

8.30am *Holy Communion*

10.30am *Parish Eucharist*

6pm *Evening Prayer*

Prayer for this week

Almighty and everlasting God,
you are always more ready to hear
than we to pray and to give more
than either we desire or deserve:
pour down upon us the abundance
of your mercy, forgiving us those
things of which our conscience is
afraid and giving us those good
things which we are not worthy to
ask but through the merits and
mediation of Jesus Christ your Son
our Lord, who is alive and reigns
with you, in the unity of the Holy
Spirit, one God, now and for ever.

Amen

Children's Church

... is taking a summer break.

Godly Play - 18th August

Every 3rd Sunday of the month at
4pm in Church for KS1/2 children.



Please ask the Stewards for directions and assistance.

Please send items for inclusion in this newsletter to Jacqueline Stamper by Thursday lunchtime. Many thanks.

Please remember in your prayers:



Those who are sick:

Youngblood McCray, Thomas Platt, Yan Connell, David Foster, Susanna Michaelis, Lucas Calvert, Ron Holmes, Ann Boss, Geoffrey Heywood, Christine McCrann, Diana Wickens, Steve Wilkinson, Richard Jones, Diana Doren-Dean.

that God's healing, wholeness and peace are with them.

Those preparing for marriage:

John Lyth and Barbara Perrott

that God will bless them in their new life together.

Those who have died recently:

Linda Davison, Mary Tredennick, Jeanette Woodhead, Susan Allen.

may they rest in peace and rise in glory.

In our parish, we ask God to bless and provide:

For those who live and work on Guidem Park, Dutton Drive, Grab Lane.

For the Claver Hill Project.

For our September mission weekend and the people we invite to share our church community.

that God's loving kindness is found and shared.

Tuesday Evening Prayer

On 5pm each Tuesday (from the 27th August), Rev'd Carol and Rev'd Kaarina say Evening Prayer over Zoom. If you'd like to join them to give thanks for the day past the Scriptures and pray, the details are: Meeting ID: 806 945 9310 Passcode 942105

<https://us06web.zoom.us/j/8069459310?pwd=cVJlZDlnNXF2dDVFVWThVa0Z0VWE5dz09>

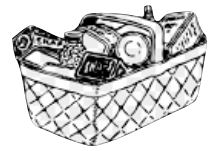
Meeting Up.

The clergy are available for pastoral support and spiritual direction, so please don't hesitate to be in in contact. If you or someone you know is going through a difficult time or is seriously ill, please let us know as soon as possible, to arrange prayers, home communion, a hospital visit, or anointing of the sick. If you would like us to pray for you, or for someone you know, for any reason, please email your request to prayer@christchurchlancaster.org.uk or text the Prayer Chain on 07980 351855.

Please ask the person's permission if you'd like them included in the weekly notices.

Hall for Hire - Don't forget that the Hall is available for hire, especially during the day and at weekends. £24/first hour and £12 for each subsequent hour/part-hour. Please contact Pat on hall@christchurchlancaster.org.uk 07980 351855 for more info.

In Other News...



The Olive Branch Foodbank

The Foodbank continues to be in great need of tins of fish, meat, vegetables and fruit. Also biscuits, crisps, multipacks of cake, cereal, jam, pasta sauce; packs of hot chocolate, coffee, tea, sugar, cordial, longlife juice, and many types of toiletries (shampoo, shower gel, toilet rolls, etc.) Or you can give money for them to buy what is needed: <https://www.the-olivebranch.org.uk/donate/>

Donations for Refugees and Asylum Seekers

Donations of washing powder, laundry liquid, men's toiletries, men's hats and gloves needed. Please leave donations in the box at the back of church for RAIS.

Eco-Group Thought/Action for the Week



In the novel, *The Secret Garden*, and the more recent film, the garden brings the joy and new life out in all who experience it. Can you make your own special place where you can replenish your soul, help to reconnect with nature and help wildlife to thrive?

Recycling at Christ Church - from the Eco Group

On the first Sunday of the month, we collect plastic toothbrushes and electric brush heads, covers and flosser nozzles, also flossing sticks, interdental brushes and dental tape containers. We can still take medical blister packs, but owing to the large quantities, please take your own to Superdrug if you can. **No bottle tops please.**

Fairtrade Church

If you buy items for church events, please check for the Fairtrade logo first, as a sign of our care for creation, and our support for better working practices for farmers.

Christ Church Choir

.... sings at the 10.30 service about once a month, plus other special occasions, and practises in church on Thursdays, 7-8:15 pm. New members always welcome; if you're not sure, come along and give it a try for a few weeks! Have a word with Clive or contact him via cliveshaw54@gmail.com



Craft Group

.... meets on the second Tuesday (and sometimes others!) of each month at 11.30am in the Hall. Everyone welcome - bring your own project, or share in one of the others on the go! No prior experience needed, next meeting is on 10th September.

Book Group

The church book group next meets on the 6th September, and then on the first Friday of each month at 4 pm in the church hall. Books are provided. Anyone who enjoys reading and discussion is very welcome to join us. You can just turn up on the day, speak to Joyce, or send an email to joycelynch1946@gmail.com



Scripture Readings for our Worship today:



Proverbs 9.1-6

Wisdom has built her house, she has hewn her seven pillars.
She has slaughtered her animals, she has mixed her wine, she has also set her table. She has sent out her servant-girls, she calls from the highest places in the town,
'You that are simple, turn in here!'
To those without sense she says,
'Come, eat of my bread and drink of the wine I have mixed.
Lay aside immaturity, and live, and walk in the way of insight.'

*This is the word of the Lord. **Thanks be to God.***

Psalm 34.9-14

*Refrain: **○ taste and see that the Lord is gracious.***

9 Fear the Lord, all you his holy ones, for those who fear him lack nothing.

10 Lions may lack and suffer hunger, but those who seek the Lord lack nothing that is good.

*Refrain: **○ taste and see that the Lord is gracious.***

11 Come, my children, and listen to me; I will teach you the fear of the Lord.

12 Who is there who delights in life and longs for days to enjoy good things?

13 Keep your tongue from evil and your lips from lying words.

14 Turn from evil and do good; seek peace and pursue it

*Refrain: **○ taste and see that the Lord is gracious.***

Ephesians 5.15-20

Be careful then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So do not be foolish, but understand what the will of the Lord is. Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving thanks

to God the Father at all times and for everything in the name of our Lord Jesus Christ.

*This is the word of the Lord. **Thanks be to God.***

*Hear the Gospel of our Lord Jesus Christ according to **John 6.51-58***
Glory to you, O Lord.

I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

*This is the Gospel of the Lord **Praise to you, O Christ.***

Prayer after Communion:



God of all mercy, in this eucharist you have set aside our sins and given us your healing:
grant that we who are made whole in Christ may bring that healing to this broken world, in the name of Jesus Christ our Lord. **Amen**

Community at Christ Church:

Use of the Sanctuary

A large chunk of plaster fell into the Sanctuary, from a height of at least 40ft. We're awaiting a steeplejack to inspect the roof and chimney, and remove vegetation. For the mean time, we will be worshipping in the Lady Chapel and/or using a freestanding altar in the Nave. Please don't walk on the carpet in front of the high altar!

Hall Chairs

Thanks to a generous donation, we have new-to-us chairs in the hall, which are safer and stack better. So if you can offer a home to some (or all) of the 25 old stacking chairs, please have a word with Rev'd Carol

Harvest Home 26th-29th September 2024

A weekend of special events at Christ Church to welcome people to our church family, and to share the love of God as we give thanks for the Harvest. Please take a card to help you pray for the church and our guests in the coming weeks:

Dear God, give me courage to invite my friends, family, neighbours, and colleagues to our Harvest events. Give them an open heart to this invitation, and may they grow closer to your love. May our church be a welcoming community where we see Christ at work in each person. Help me to share what church means to me, and speak of the hope I find in Christ. Amen.

Thursday 26th September 6.30pm Harvest Supper and Quiz Night at the Gregson Centre, Moor Lane. (£3 per person for supper)

Friday 27th September Look out for the Christ Church team's special events at the livestock market, LRGS, HMP Lancaster Farms, and Christ Church Primary School

Saturday 28th September 2-4pm Apple Festival at Christ Church
Apple juicing, Music, Storytelling, Games, Stalls, Refreshments, Competitions for home-baking. Free entry.

Sunday 29th September Harvest Festival

8.30am Holy Communion

10.30am All Together to Share the Harvest

With a collection of tins and long-life food for Lancaster Homeless Action

6pm Harvest Thanksgiving Service

I'm going - it's going to be great! Would you like to come with me? Shall I pick you up?

September Service - from the 8th September

To help us meet the needs of our children and families better, there will be a new shape to some of the 6pm evening services. These will include a Godly Play story, and time for quiet reflection. On the second Sunday of the month, it will be Evening Prayer, and on the fourth Sunday a family-friendly eucharist. We hope you can join us, and would love to hear your thoughts.

Supporting Christ Church

Supporting Christ Church - One-Off Gifts

If you would like to make a one-off donation to the church as an offering, to pay a fee, or as a gift to regular funds, you can give through our 'Give a little' page: <https://givealittle.co/campaigns/f63a0655-b270-4d05-bf35-3994747785d0> This will also give you the option to Gift Aid your donation (if you pay tax in the UK), enabling the church to get an extra 25p back from the taxman for every £1 you give.



Supporting Christ Church - Regularly

Christ Church is now taking part in the Parish Giving Scheme, which enables you to give regularly by Direct Debit, and to easily review how much you give depending on circumstances. Online at www.parishgiving.org.uk Or by telephone 0333 002 1271 Monday to Friday between 9am and 5pm. For any of these methods our PGS code 030603240 ensures that your gift goes to our church.

PCC

... next meets on the 9th September. If there are aspects of church life, worship, and work in our parish which you'd like discussed, please speak to Rev'd Carol or Julie Buckley, or one of your PCC reps.

We ask you to pray this prayer 'this time tomorrow' after a Sunday service - wherever you are. (Why not put a reminder in your phone?)

*Lord God, Together with you by our side, we can bring growth to our Church. Send your Holy Spirit to give us good planning, wise actions, joy in worship and our welcome, the right words when we speak to others. Help our Church grow in numbers, in spiritual commitment to you, and in service to our local community, through Christ our Lord. **Amen.***



Sponsor a Hymn

If you'd like to suggest and sponsor a hymn, to be sung within the 10.30am Eucharist, please fill in one of the blue forms from the noticeboard.

Thought for the Week

If the Church can't see its vocation at a time like this, we might as well give up. There is no point the Church having unemployed love, and now is the time to really voice it and show it. *The Very Rev'd Mark Oakley, Dean of Southwark, on recent rioting*

Giggle (or Groan) of the week - suggestions welcome!

The Romans invented Vaseline - or was it Ancient Grease?

Key contacts:

Vicar:	Rev'd Carol Backhouse 01524 942105 revcarolbackhouse@gmail.com
Curate:	Rev'd Kaarina Leong 07749 489623 curate@christchurchlancaster.org.uk
Priest with PTO and Choir Contact:	Rev'd Clive Shaw cliveshaw54@gmail.com
Lay Reader:	Dr Pat Allen 01524 39552 reader@christchurchlancaster.org.uk
Notices:	Ms Jacqueline Stamper 01524 64083 churchwarden@christchurchlancaster.org.uk
Parish Safeguarding Officer:	Mrs Emma Muckalt & Ms Debbie Steele safeguarding@christchurchlancaster.org 07547 717060
Parish Secretary:	Mrs Julie Buckley buckleys@live.co.uk 01524 37229
Hall Bookings:	hall@christchurchlancaster.org.uk 07980 351855
Christ Church School	Miss Emma Simpson 01524 60955

If you'd like to keep in touch with Christ Church news, events, services and prayer requests, please complete one of the contact cards in the pews and return to Rev'd Carol

Promoting a Safer Church

If you believe that someone is at risk of immediate harm please call emergency services on 999. Any safeguarding concerns in a parish should be brought to the attention of your Parish Safeguarding Officers, Debbie Steele and Emma Muckalt, who can be contacted as above. Concerns can also be raised directly with our Diocesan Team, Tel: 01254 503088 or email safeguarding@blackburn.anglican.org

Gardening- first Friday of every month

Our gardening group meets next on Friday 6th September between 12 and 2pm. They love to welcome new members! Please bring gloves and secateurs if you have them - and contact Liz Mills if you'd like details.

Godly Play! 4pm on the third Sunday of each month

Godly Play shares Scripture stories with children, and helping them wonder about faith, using a Montessori approach, with crafts and a snack to share too. It's free, and especially suitable for primary age children (accompanied by an adult please). The next gathering is today, Sunday 18th August, at 4pm. Everyone welcome!

Children's Church

... is an important part of our church life, and one of the ways children learn more about Christian faith. We're looking for helpers for Children's Church for the new term. If you can offer one Sunday morning each a month (or more if possible) please have a word with Rev'd Carol. An Enhanced DBS check will be arranged.